

# ועד לחיזוק לימוד המוסר

לרפואה שלימה:

רפאל פתחיה יעקב בן אביבה שרה

יוסף בן רות

שמואל בן חנה

אברהם בן מיכל טובה

חיים בן יהודית

I, \_\_\_\_\_, hereby accept upon myself, בלי נדר, to learn at least \_\_\_\_ minutes of מוסר each day, from today, \_\_\_/\_\_\_/2013 through August 10, 2013. Allowance is made for one missed day per week if necessary.

SIGNATURE \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	שבת
June 23	June 24	June 25	June 26	June 27	June 28	June 29
June 30	July 1	July 2	July 3	July 4	July 5	July 6
July 7	July 8	July 9	July 10	July 11	July 12	July 13
July 14	July 15	July 16	July 17	July 18	July 19	July 20
July 21	July 22	July 23	July 24	July 25	July 26	July 27
July 28	July 29	July 30	July 31	Aug 1	Aug 2	Aug 3
Aug 4	Aug 5	Aug 6	Aug 7	Aug 8	Aug 9	Aug 10

*As an additional motivation, a raffle has been sponsored for a round trip ticket to ארץ ישראל or a \$1500 Amex gift card.*

- ~ To be eligible you must learn at least 10 straight minutes of מוסר every day, beginning by June 30.
- ~ You must learn from the text of a ספר מוסר. The classical מוסר ספרים are encouraged for all participants. The classical מוסר ספרים include: מסילת ישרים, אורחות צדיקים, אורחות הישר, ספר הישר, שערי תשובה, חובות הלבבות, מעלות and המדות. The ספר אור ישראל may also be used.
- ~ Allowance is made for one missed day for that week.
- ~ All men and women are encouraged to participate. Feel free to reproduce this form and distribute it to your friends, relatives, co-workers etc.
- ~ If you have questions about eligibility or sponsorship opportunities, contact the Vaad at 718-370-1303.
- ~ After successful completion of the program, please fax in forms to 917-793-1029. The deadline is Aug 19.

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL (to receive future vaad information) \_\_\_\_\_